

Senior LinkAge Line Educational Sessions

Call the Senior LinkAge Line at 800-333-2433



New to Medicare (90-minute class)

Learning what to do when you become eligible for Medicare can seem overwhelming. This class is for people who will be new to Medicare and would like to learn about Medicare Parts A, B, C and D. Topics will include a comprehensive introduction to Medicare, including what Medicare covers, supplemental insurance and Part D prescription coverage. During the class, you will learn the Medicare enrollment details, how to get the most from your benefits and how to research your Medicare plan options using the Medicare.gov site.

Medicare 101- *Where do you Begin?* (60-minute class)

Medicare can be confusing. If you know little to nothing about Medicare and want a brief overview before digging deeper, this class is for you. During this class, you will learn the basics of Medicare Part A, B, C and Part D. This class will also give you information about when and how to enroll.

What's New in Medicare (90-minute presentation)

Staying on top of the latest changes in the Medicare program can be difficult. People on Medicare and their family members will learn about changes in Medicare for the coming year and how it could affect their benefits. An overview of the Medicare program, benefits and plan options for the new year will be provided. This presentation is offered in the fall of each year.

How Senior LinkAge Line Can Help Providers & Counties (30-minute presentation)

Understand how the Senior LinkAge Line® helps support individuals through a care transition, including someone considering a move to assisted living, moving home from a nursing facility or wanting to know how to remain at home. This presentation will help you and your clients learn how to begin planning.

How Senior LinkAge Line Can Help You (30-minute presentation)

For more than 25 years, the Senior LinkAge Line has been serving older Minnesotans and their families by connecting them to the resources they need. The Senior LinkAge Line is your link to an expert on:

- Medicare
- Prescription drug expense assistance
- Forms assistance
- Long-term care options counseling
- Finding resources in your community
- Caregiver planning and support
- and more!

This presentation will help individuals learn about the Senior LinkAge Line and how it supports older adults and their families with decision making.

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Don't be a Target of Medicare and Consumer Fraud (30 and 60-minute presentations)

Protecting your personal information is the best line of defense in the fight against Medicare and consumer fraud.

During this presentation, you will learn how to:

- Protect yourself from Medicare errors, fraud and abuse
- Detect and report potential Medicare errors, fraud and abuse
- Protect your personal information
- Identify and protect against consumer fraud

Even when you do everything right, there is still a chance that you could be a target of fraud. Learn how to **Protect, Detect** and **Report** Medicare and consumer fraud and abuse.

Planning and Paying for Long-Term Care (60-minute presentation)

Long-term care is the personal care and household help you need as you grow older or have a chronic illness or disability. Medicare and your health insurance do not pay for most long-term care. This presentation will provide you with information on why and how to plan and pay for your future long-term care needs.

Preadmission Screening Overview (45-minute presentation)

A qualified health care professional must complete a Preadmission Screening prior to admission to any Medicaid certified nursing facility, hospital "swing bed" or certified boarding care regardless of the length of stay or payer source. This presentation is for professionals wanting more information about the Preadmission Screening process and how it applies to their work and the consumers they serve. Instruction is provided by trained specialists who conduct Preadmission Screening.

Instruction is provided by Senior LinkAge Line trained specialists and volunteers. The Senior LinkAge Line is the State Health Insurance Assistance Program (SHIP) and Senior Medicare Patrol for Minnesota. Specialists provide free one to one assistance with all Medicare issues and provide in-depth long-term care options counseling. Information is objective and neutral.